

Report of: Office of the Director of Public Health

Report to: Inner North Community Committee – Chapel Allerton, Moortown, Roundhay wards

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Date: 20th June 2016

Commissioning an Integrated Healthy Living Service for Leeds

Purpose of report

To inform the Inner North Community Committee of plans to commission an integrated healthy living service for Leeds including a specific element for children and families and request feedback and views.

Main issues

The revised Leeds Health and Well Being Strategy has as its ambition to be the Best City for Health and Well Being. Leeds will be a healthy and caring city for all ages, where people who are the poorest improve their health the fastest'. The first outcome is that People will live longer and have healthier lives

Far too many people die too early in Leeds. There are around 2,200 deaths under the age of 75 years each year. Of these, around 1,520 can be considered avoidable. The largest contribution to premature death is lifestyles / behaviours (40%) such as smoking, poor nutrition, low levels of physical activity, poor sexual health and drug and alcohol misuse. Early deaths are disproportionately experienced by people living in the most deprived areas of Leeds. The difference in life expectancy between the most and least deprived ward is 10.2 years. For the Inner North East Community Committee this is particularly relevant for Chapeltown and parts of Meanwood

Thirteen individual citywide Public Health healthy living contracts which support both adults and children to adopt and maintain healthy lifestyles are expiring; the majority of which focus on single aspects of healthy living.

Adults: Healthy Lifestyle Service, Health Trainer Programme, Stop Smoking Service, NRT Pharmacy Access Scheme, and Enhanced Service for Smoking Cessation in Primary Care, Weigh Ahead, Ministry of Food,

Children and Families: Watch It, Change for Life, DAZL, Leeds United Foundation, ACE and The Works Skate Park.

The healthy living contracts are being considered as two contracts package, which will enable Public Health to design and commission an integrated healthy living service (IHLS) which will support people engaging in multiple unhealthy lifestyles in a single service, respond to barriers including broader factors influencing health and support people to change behaviours. We have undertaken service reviews, needs assessment and consultations to provide intelligence to use to redesign services.

We propose to commission an Integrated Healthy Living Service for Leeds which will have two main focuses: adults and families and children. The services will be targeted at people living in deprived Leeds. The model describing the service, sitting within the broader system is included in appendix one.

The service will comprise of an integrated healthy living service primarily targeted at adults and a family healthy living programme targeted at children and their families.

Fuller details can be shared after 27th June when this information has been published on YorTender. At a local level it is expected the services will integrate and work closely with services already on the ground e.g. Community Hubs and Social Prescribing.

Consultation has been undertaken during the development of the projects and commissioners require the provider who wins the contract to build strong relationships locally during the mobilization period.

The Integrated Healthy Living Service links to the locality community health development and improvement services (presently out to tender is one contract per wedge for this service) see model in appendix two.

Conclusion

The LIHLS contract will be awarded in April 2017 and the service will go live in October 2017. It is hoped the LIHLS will effectively support people engaging in multiple unhealthy lifestyles in a single service, respond to barriers including broader factors influencing health and support people to change behaviours, increase healthy life expectancy and reduce health inequalities.

Recommendations

The committee informs the Office of the DPH of any comments to feed into the service specification in relation to the inner east

The committee notes the contents of this report and endorses the approach.

Background information

Executive Summary of the Health Needs Assessment
Consultation Report

Appendix one. Model describing the LIHL System



Appendix two. Links between the LCHD&I services and the LIHLS

